

## ACADEMIC PLANNER (2022-23)

Class -XI

### PSYCHOLOGY

Month/Working days	Content	Homework/Assignment	Practical Work
<b>May (12 Days)</b>			
<b>July 1-15 (12 Days)</b>	<b>Unit-1 Introduction to psychology</b> Nature of psychology; Basic concept; Evolution of psychology; Psychology and other discipline Linkage across psychological processes Summer Holiday	Short answer questions	Activity- 1.1 and 1.2
		NCERT questions	
		Class test	
		Review question Prepare some Memory games	Activity – Memory Game Activity – 7.2 from book Practical 1 - Memory
<b>July 16-30 (13 Days)</b>	Cont.. 5. Psychometric Theories of Intelligence, Information Processing Theory: Planning, Attention-arousal and Simultaneous successive Model of Intelligence, Triarchic Theory of Intelligence; Theory of Multiple Intelligences.		
<b>August (24 Days)</b>			
<b>August, 1-15 (10)</b>	<b>Unit-9 Motivation and emotion</b> Emotions and Theories of Emotions.	NCERT questions and practice of extra questions	
	<b>Unit -2 Methods of psychology</b> Goals of psychological Enquiry, Observation, Experimental		
	Co-relational study; Analysis of data	<b>review Questions</b>	
<b>August, 16-31( 14)</b>	<b>Unit-2 cont...</b>	MCQ and Quiz	
	Ethical issues in psychological assessment		

	Learning			
<b>September (21 Days)</b>				
<b>Sep, 1-15 (11 Days)</b>	<b>Unit – 6 Learning contd...</b> Skill learning, cognitive learning, disability, Application of Learning Principles. REVISION	Review questions	Practical – 2 Learning	
<b>Sep. 16-30 (10 Days)</b>	<b>HALF YEARLY EXAMINATION</b>			
<b>October (20 Days)</b>				
<b>October 1-15 (09 Days)</b>	<b>Unit-7 Human Memory</b> Nature of Memory, Information Processing approach, Levels of Processing, Nature and causes of forgetting, Enhancing Memory.	Assignment on nervous system	Quiz on brain and endocrine glands	
			Activity 3.3	
			Review question	planning MCQ on chp 3
			Revision of previous chapters	
<b>October, 16-31 (11 Days)</b>	<b>Unit-4 Human development</b>			
	meaning of development	MCQ and long answer	Role play for opposite	
	Factors influencing development	question	Gender reflect on your	
	Contexts of development		experience and note	
	Overview of development stages	Take a concept	others reactions to your	
			behavior	
<b>November, 1-15 (11 Days)</b>	<b>Unit-4 Human development cont...</b> Prenatal Stage • Infancy • Childhood • Challenges of Adolescence • Adulthood and Old Age			
		Assignment Question		
<b>November, 16-30 (13 Days)</b>	<b>Unit 8 Thinking</b> The topics in this unit are: 1. Introduction 2. Nature of Thinking • Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 7. Nature and	Review question		

	Process of Creative Thinking • Nature of Creative Thinking • Process of Creative Thinking 8. Developing Creative Thinking • Barriers to Creative Thinking • Strategies for Creative Thinking 9. Thought and Language 10. Development of Language and Language Use		
<b>December (23 Days)</b>			
<b>Dec, 1-15(11)</b>	<b>Unit 5: Sensory, Attentional and Perceptual Processes</b> The topics in this unit are: 1. Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities • Visual Sensation • Auditory Sensation 5. Attentional Processes • Selective Attention • Sustained Attention	Revision of previous chapters	
<b>Dec, 16-31 (12)</b>	<b>Perceptual Processes</b> • Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance • Monocular Cues and Binocular Cues 10. Perceptual Constancies 11. Illusions 12. Socio-Cultural Influences on Perception		
<b>January 14 Days 1-15 Jan</b>			Assignments
<b>16-31 Jan (13)</b>	<b>REVISION</b>	Objective type questions	
<b>February (23 Days)</b>	<b>REVISION AND FINAL EXAMINATION</b>		
<b>1-15(12)</b>			
<b>16-31(11)</b>			

Class Test-1	Units of Chapter 1 and 2	20 Marks
Class Test- 2	Chapter 3, and Units of Chapter-4	20 Marks
Experiment-1	Attention /Memory	15 Marks

Class Test-3	Chapter- 5 and 6	20 Marks
Project	Any one Psychological issue	15 Marks
Class Test- 4	Chapter – 7, 8	20 Marks
Term-1	Chapter 1,2,3 ,4	80 Marks
Pre Board	Chapter- 4, 5, 6, 7, 8, 9	80 Marks

**Chapter-3 Deleted by CBSE**